



Prepare for Coaching

Level 1



Expectations

The FIH Academy Level 1 Coaching Course is an entry level award and the first step on the FIH Academy Coaching pathway.

At the first course session we will ask you about your expectations and concerns for this course, please have a think and be ready to share.

We will try to meet your expectations and manage your concerns throughout the course as best as we can!



Be prepared

1. Use this link emailed to you to access the webinar
2. Use the earliest versions of Microsoft Teams (download here <https://bit.ly/2KBc7kY>). If you cannot use Teams, use Google Chrome (preferred browser)
3. Find a quiet place with fast and stable internet connection.
4. Use a laptop or a computer and make sure the speakers, camera and microphone are working.
5. Email your Whatsapp number to hockeyacademy@fih.ch



Get your course materials

Make sure to download the documents below before the start of the course:

- Course handbook: [download](#)
- Course slides: [download Day 1](#), [download Day 2](#), [download Day 3](#)
- Technical manual: [download](#)
- Above links expire in 12.1.2021. If your course is taking place after that date ask for new links to hockeycademy@fih.ch

If we have more course materials we will share them with you via email or via the webinar chat.



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Pre-course task

“Thinking about your skill/technique, give a brief summary of the key considerations for delivering to beginners in hockey.”

All candidates have the same task but each will be focusing on different technical skills. The aim is for us to get a bit more of an understanding about you before we connect online, and also to build some content for one of the modules we will be covering on the course.

Have a think about the task and send it to the course email address



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 **COACH LOGIC**  **nottssport**

Synthetic Surfacing / Cricket

Pre-course task order

**Choose from this list
the skill/technique
you want to focus on**


| Skill / Technique |
|--------------------------|
| Backhand Pass |
| Backhand Receive |
| Forehand Pass |
| Forehand Receive |
| Long Handle Hit |
| Push Pass |
| Short Handle Hit |
| Slap Pass |

Assessment

1. You will be assessed throughout the course against the FIH Academy Level 1 Coaching assessment criteria. We will share these with you.
2. If assessed as competent you will be awarded an FIH Academy Level 1 Coach Certificate.



Attending the webinar

- Find a quiet place to attend this webinar. Check that the microphone, camera and speakers are ok.
- Join 10 minutes before the start of the webinar, to check that everything is working.
- When you enter the workshop meeting space you might need to wait until you are allowed in. Don't worry, be patient, thanks!
- Check-in at the course by writing your first and last name in the webinar chat. You can find it by clicking in the chat icon on your screen menu.
- Keep your camera and microphone off during the webinar.
- If you want to talk, use the raised hand feature in Teams 
- When it is your turn to talk, turn your microphone and camera on. After you finish, please turn it off again.
- If you cannot find the chat, your sound/image stops working or you have another unexpected technical problem, don't panic. Leave the meeting and come back in again. Usually works! If not, check slide 11.

Terms and conditions

By attending this workshop you are agreeing with the terms and conditions:

- Cancellations are permitted within 24 hours after registration. Cancellations can also take place up to 4 days before the start of the course. Course cancellations will be refunded.
- The personal details you used to register in this course are protected under the current international regulations on data protection.
- Sessions will be recorded and the recording will be sent to you. The recording of sessions may be used for Educator training and course promotion.
- Any person downloading the recordings and the course slides of this workshop is agreeing not to share them nor make any commercial use of them. That person is also agreeing not publish them on social media or on any other public or private platforms that can be accessed by a third party. These documents are for personal use alone. Should someone seek to make use of them, they should email hockeyacademy@fih.ch



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We need your feedback

Just like you, we want to do our job better, and we can only do that if we have your feedback:

Upon receiving your certificate, we will send you a link to an online form, to get your feedback on the whole course.

You have more feedback? Email to hockeyacademy@fih.ch and share your course experience with us.

Need assistance?

- Email hockeyacademy@fih.ch
- Use the webinar chat during the sessions





Enjoy the course!

